

VOGUE

SEPT

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When to Spend, Where to Save

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KEIRA KNIGHTLEY

Fashion Star,
Pirate Queen,
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Sexiest
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YOUNG GUNS
FROM TOP: RODAN
& FIELDS ANTI-AGE
NIGHT RENEWING
SERUM CAPSULES,
NIA 24 EYE REPAIR
COMPLEX, DR.
BRANDT LINELESS
CREAM.

Catherine Piercy
decodes beauty's
new buzzwords
and uncovers
the five skin-care
breakthroughs you
need to know.

lineless cream
anti-aging inhibitor complex
normal to dry skin

3. Peptides

Whipped up in the lab, peptides—short chains of amino acids that mimic the proteins in skin—act as messenger molecules. “Depending on their sequence, they tell the cells what to do,” explains Oakland, California, dermatologist Katie Rodan, M.D. In creams like **RODAN & FIELDS ANTI-AGE NIGHT RENEWING SERUM**, **LANCÔME RÉNERGIE MICROLIFT NIGHT R.A.R.E.**, **HOME SKIN LAB THE WRINKLE CORRECTOR**, and **OLAY REGENERIST 14 DAY SKIN INTERVENTION**, multipeptides instruct cells to increase collagen production. **M LAB ANTI-AGING TREATMENT CREAM** also uses muscle-freezing argireline and syn-AKE—a peptide chain inspired by prey-paralyzing snake venom—to minimize expression lines. Up next: “peptides that increase the activity of anti-aging ingredients, reduce hyperpigmentation, and calm inflammation,” says Rodan.

it ingredients

1. Niacin

Niacin, the active form of Vitamin B3, is earning a cult following among the seriously sun-damaged. One of its two skin-friendly incarnations, niacinamide, brightens dull skin and fades age spots in treatments like **DDF DISCOLORATION REVERSAL-PODS**. Pro-NAD—a unique, lipid-soluble form of the vitamin that may also reverse UV-induced DNA damage and has attracted the interest of the National Cancer Institute—appears in **NIA 24 EYE REPAIR COMPLEX** and **CANYON RANCH YOUR TRANSFORMATION SERUM**.

2. MMPi's

Matrix metalloproteinases (MMPs)—enzymes known to break down the skin's collagen and elastin tissue—are the latest focus of anti-aging power players. Gentle Waves, the LED light therapy wildly popular in dermatology offices, targets them successfully, but there's good news on the at-home front, too: A new class of MMP-inhibiting ingredients (called MMPi's) slows MMP activity when applied topically.

PATRICIA WEXLER, M.D.
DERMATOLOGY MMPi.20
SKIN REGENERATING SERUM

is packed with a potent soy complex; **DR. BRANDT LINELESS CREAM** also uses isoflavonoids from grape-seed extract. **DERMALOGICA MULTIVITAMIN THERMAFOLIANT** contains licorice-root extract and polyphenols from white tea. And because UV exposure also ups the production of MMPs in vulnerable skin, antioxidant-rich cocktails like **SKINCEUTICALS PHLORETIN CF** superserum offer extra protection.

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