



Write Your Skin a Prescription for Change

by Katie Rodan, M.D. and Kathy Fields, M.D.
with Lori Bush

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In this straight-talking, optimistic book, *Write Your Skin a Prescription for Change*, renowned dermatologists Dr. Katie Rodan and Dr. Kathy Fields passionately draw on forty years of combined clinical experience to offer you what they give their patients -- sound clinical and lifestyle advice for a future of healthy, beautiful skin.

Their perspective is compelling and will inspire the choices that can help you look and feel your best today, tomorrow, and well into the future.

Whether you are 18 or 81, it's never too late to change your skin's destiny. Their patients are their inspiration. They've witnessed the transformation in confidence and self-esteem a person goes through as she gains control over frustrating skincare issues and knows her skin looks great.

Their goal with this book is to extend their patient privilege to you by offering the best skincare solutions straight from their offices. They want everybody to experience their best skin ever; as the saying goes, "it's easier than you may think."

Informative, empowering, and interactive, *Write Your Skin a Prescription for Change* will become your go-to guide for taking control of your skin's destiny.

So, if you're wondering why you have acne at forty, how to treat a red, sensitive patch on your cheek, or what the latest procedure is to get rid of a wrinkle, this is your comprehensive resource.