

InStyle

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**Rodan + Fields
Unblemish Oil Absorb
Blot Papers \$19/60**

What it is Blotting sheets infused with talc, kaolin clay and zinc. **Why it's so exciting** The talc and clay absorb excess oil right away. And with repeated use, over time the zinc may reduce oil production and calm breakouts. "Zinc is sometimes included in prescription acne medications because of its anti-inflammatory properties," says N.Y.C. dermatologist Diane Berson. *rodanandfields.com*.

Talika Nail Shaper \$40

What it is A battery-operated nail file that comes with three attachments: a pointed tip for filing, a cylindrical tip for buffing, and a domed tip for cleaning along the nail contours. **Why it's so exciting** Standard nail files can cause damage to your nails over time. This one uses a rotating mechanism that's more gentle and prevents thinning of the nail. *talika.com*.

**Remington
Shine Therapy
Dryer \$50**

What it is A hair dryer that emits a mist of conditioners (including avocado oil and vitamins A, E and D) to nourish hair and add glossiness. **Why it's so exciting** "Anything that makes it easier to protect and condition your hair before subjecting it to heat is a great idea," says N.Y.C. hairstylist Louise O'Connor. "We all should take the time for that extra conditioning step but don't always do so." This dryer does the work for you. *stylewithremington.com*.

**Bath & Body
Works Spa
Sudden
Sauna for
Hands \$16**

What it is Disposable gloves that warm up when you pour room-temperature water inside. They're lined with a mineral-and-salt solution that generates heat when it absorbs water. **Why it's so exciting** Slather your hands with a rich moisturizer, slip these on and get silky, post-manicure hands at home—without the hassle of paraffin wax. *bathandbodyworks.com*. ■